



PRIVATKLINIK **Jägerwinkel**

Orthopädie Kardiologie  
Innere Medizin Psychosomatik

## Time for Health



### The Jägerwinkel Private Clinic, Bad Wiessee/Bavaria

The Jägerwinkel Private Clinic, located in the immediate vicinity of Bavaria's beautiful Tegernsee Lake (approx. 40 km outside Munich) has a long tradition of being one of Southern Germany's most famous clinics. Founded some 50 years ago, it started out as a health resort and rapidly developed into the place of choice for distinguished politicians, industrialists and artists from across Germany and Europe – whether Yehudi Menuhin, Helmut Kohl or Herbert von Karajan, just to name a few.

In 2005, under the medical direction of renowned German spine and back specialist and pain therapist Dr. Martin Marianowicz, the "Jägerwinkel" was turned into a highly modern and exclusive clinic and resort.

The clinic with its 7 doctors, 20 therapists as well as numerous top-notch consulting physicians of all major medical disciplines currently offers 66 rooms, with an approximate 1,440 in-patients per year.



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## Prime Medical – Medical Care of the Highest Standard

At Jägerwinkel, you have come to the right place when you need preventative care, when heart problems or back pain are affecting your daily life. Yet also after surgery and accidents, burn-out syndrom, a stroke, heart attack or cancer, the Jägerwinkel's team of physicians and therapists helps body and soul to recover in a protected and highly luxurious environment.

For the sake of your health, we consistently compare notes with our scientific advisory council, as well as international medical centers and specialized professional institutions. That way, we ensure state-of-the art therapy based on the latest scientific findings – at the same time leveraging on the strengths of complementary medicine and natural methods of healing. Our holistic concept for body and soul will help you simply stay healthy.



## Orthopedics

Successful treatment of the spine and pain management have turned the Jägerwinkel into a renowned trademark as a spinal clinic. Our experts take care of your disc disease, spinal stenosis, inflammation of nerve roots, eg Sciatica and degenerative changes such as osteoarthritis of the facet joints, using state-of-the-art equipment. Innovative methods from sports medicine and top medical procedures translate into gentle, but highly effective, therapy of your joints, ligaments and muscles.

### Core Competencies

- Spinal clinic
- Minimally invasive Therapies
- Interventional Pain Therapy
- Epidural Pain Catheter
- Radio-Frequency Therapy
- Percutaneous Disc Laser Therapy
- Orthopedics of Joints
- Sports Medicine
- Prevention and Regenerative Orthopedics
- In-Patient Post-Treatment and Rehabilitation
- Bone Densitometry (Bone density measurement)
- Structural Analysis of the Spine



## Specific Rehab Programs

Whether post-treatment of sports injuries, back/spine surgery or endoprosthetic replacement surgery - our physiotherapy will perform detailed performance diagnostics with you, followed by developing an individual therapeutic and training program, perfectly tailored to your specific needs. Optimum results are achieved thanks to our close interdisciplinary cooperation between orthopedic doctors, internal specialists, neurologists, radiologists and our physiotherapy, osteopathy and strength training department.

### Core Competencies for Rehab after

- Heart Attack and Heart Disease
- Bypass Surgery and Cardiac Valve Surgery
- Strokes
- Chronic Infections
- Metabolic Diseases such as Diabetes
- Gastro-intestinal Diseases and Surgery
- Surgery of the Musculoskeletal System and the Spine
- Surgery for Hip and Knee Replacements
- Accidents and Trauma Surgery
- Gynecological Surgery
- General Surgery
- Tumors and Aftercare following Tumor Surgery
- Rheumatic Diseases
- Parkinson's Syndrome (interdisciplinary, in cooperation with neurology)
- Internal Diseases



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## Internal Medicine

It is important for prevention to combine efficiency with reliability. State-of-the-art diagnostic procedures enable us to perform a comprehensive and effective check-up within a mere two days. We discover potential points of weakness and provide you with certainty concerning your health risks.

### Core Competencies

- Prevention with Individual Check-up Program
- Pre- and Aftercare for Cancer Patients
- Diabetes Therapy
- Detoxification, Nutritional Counseling and Weight Loss
- Stroke Prophylaxis
- Food Intolerance



## Cardiology

There are many reasons that may cause the heart to get sick – or blood pressure to lose its balance. Modern diagnostics offer us numerous possibilities to find the trigger that's often hidden. We'll get to the bottom of your troubles and provide you with effective therapies.

### Core Competencies

- Magnetic Resonance Imaging of the Heart
- Computer Tomography of the Heart with Calcium Carbonate Score
- Stress Echocardiography
- Transesophageal Echocardiography (TEE)
- Spiroergometry
- Performance Diagnostics with Lactate Determination



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## Gentle Medicine

At Jägerwinkel, we successfully combine traditional medical knowledge with naturopathy and healing methods from the Far East. The clinic integrates elements from several cultures that are the most effective for your body. To us, the therapy's effectiveness takes center stage.

### Core Competencies

- Naturopathy
- Acupuncture, Electro-Acupuncture and Acupressure
- TCM
- Ayurvedic Medicine
- Qigong, Reiki, Shiatsu
- Metabolic Balance
- F. X. Mayr



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## Interested?

For further information, please contact our Patient Manager Gaby Appel.

„We're there for you at anytime.“

Gaby Appel  
Patient Manager

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